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News from the ASPAH Executive Committee

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Dear <<First Name>>,

We have put together this Special Newsletter to share some of the highlights and reflections from this year's Symposium, held last month in Kingscliff, NSW.

Remember to email content to media@aspah.org.au by December 31st to be considered for publication in the first newsletter of 2018!

Keep healthy and well,

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PRESIDENT'S REPORT

My sincere thank you to all of the delegates that attended the ASPAH symposium at the beautiful Peppers Resort in Kingscliff. It is always so wonderful to connect with all of the passionate people undertaking fantastic work in Australian performing arts healthcare. A special thanks to our keynote speaker Associate Professor David Butler who inspired and energised the symposium with his opening lecture and afternoon workshop. We were truly privileged to hear from David who is such a talented researcher and clinician and undeniably a performer at heart. As always the proceeding presentations included a diversity of insightful work from the investigation of nutrition for musicians during Ramadan to the stresses placed on actors and dancers. Special congratulations to Claire Hiller for best presentation, Peta Blevins for best student presentation and Sarah Collyer for best poster.

The ASPAH executive committee members were up bright and early on the Sunday morning in an intensive 2018 planning meeting. Hot on the agenda was the 2018 symposium planned for Sydney, growing the regional activities, and online media.

My sincere thanks to the 2017 ASPAH executive committee for all of their hard and entirely voluntary work this year. Special thanks to Gene Moyle and Margaret Osborne who stepped down from the committee for 2018 and a warm welcome to new committee members Amy Naumann, who is now a formally elected member of the committee, as well as Janet Karin and Peta Blevins. Final thanks to the 2017 symposium committee Camilla Tafra, Clifton Chan, David Peirce and Amy Naumann who brought this wonderful event to life.

All the best,

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Luke

Luke Hopper PhD
President, ASPAH

FLASHBACK VIDEO

REFLECTIONS FROM DELEGATES

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