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quarterly news from ASPAH Executive Committee

[View this email in your browser](#)**ASP AH**Australian Society for
Performing Arts Healthcare

Festive Greetings

Bringing in the New Year

Dear <<First Name>>

This must have been the fastest year since records began, packed with wonderful experiences and horrifying events, here and around the world.

As we dive headlong into the new year, we can pause briefly to celebrate a very satisfying groundswell of attention to healthcare for performers. Membership of ASPAH is growing all the time, the website is revealing its potential for sharing research and knowledge. The latest addition is a [page with video's of presentations from past conferences](#). Former committee member Mark Seton completed his research project surveying performing members of MEAA, with publications in the offing. There is also a new research community dedicated to the healthcare of performers with a web presence you may care to check out, called [Entertainment Assist](#).

I do hope you will find time in your busy schedules to drop me a line in the next few months with news of your activities, whether it's about training you have undertaken or research you are involved in - or anything related to your work as a healthcare provider, or as a performer, which might be of interest to your fellow members. This newsletter is an opportunity for you to connect with other members throughout the year, so I encourage you to take advantage of it. ASPAH's [Facebook page](#) is also available for those who enjoy interacting online.

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The next issue is due to go out at the end of March, 2015.

Happy New Year!

Floyd

Dr Floyd Kennedy

Editor

*unfortunately the Contents links do not work in Gmail.

We are proud to present the elected office bearers for 2015:

President - Paul Duff

Vice President - David Peirce

Secretary - Judy Wood

Treasurer - Clifton Chan

And welcome in our other committee members: Alison Evans, Luke Hopper, Karen Lonsdale, Cate Maddill, Gene Moyle and Camilla Tafra.

We would also like to take this opportunity to thank and farewell those committee members who will not be continuing with us in 2015, including some who stepped down earlier in the year, but who offered invaluable support during their voluntary positions:

Margaret Osborne, who served as President and was a greatly admired leader during her time on the committee. **Dale Rickert**, who served as Vice President and will be missed for his great energy, passion and humour. And committee members **Floyd Kennedy**, **Emmanuella Grace Faulkner**, **Bohdan Krowicky** and **Margi Brown Ash** whose skills and contributions have been a great asset to the organisation.

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Your Committee - Profile - Luke Hopper

Luke Hopper is a post-doctoral scholar at the Western Australian Academy of Performing Arts. Luke has expertise in the application of biomechanical motion capture in the assessment of dance motion and injury risk. Luke also works with the International Association for Dance Medicine and Science as the promotion committee chair and collaborates with several ballet Australiana and international ballet companies.

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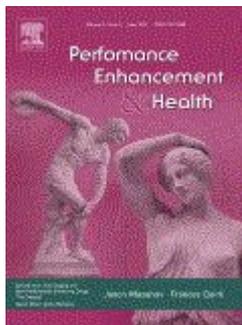
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Symposium 2014



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***Performance Enhancement and Health* Call for Papers – Performing Arts**

Performance Enhancement and Health (PEH), an Elsevier peer-review journal, is seeking papers that explore the performance and/or health implications of involvement in performing arts, including dance, drama, music or singing. Please see the link for more details.

<http://www.journals.elsevier.com/performance-enhancement-and-health/call-for-papers/special-issue-on-performing-arts/>

How to find out more:

A/Prof Gene Moyle, Associate Editor *PEH* (g.moyle@qut.edu.au or @genemoyle)
Dr Jason Mazanov, Editor *PEH* (j.mazanov@adfa.edu.au or @jmazanov)

Please forward the call for papers to people in your network you feel would be interested in either contributing to or reading the articles in this special issue.

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Power to the Performer: Self-directed training practices for the healthy dancer

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Developed by Dr. Luke Hopper and Dr. Shona Erskine and supported by ASPAH and the Western Australian Academy of Performing Arts

In February 2015, Dr Luke Hopper and Dr Shona Erskine will launch the West Australian Chapter of the Australian Society for Performing Arts Healthcare (ASP AH WA).

The launch, hosted at the Western Australian Academy of Performing Arts, will involve a free, interactive dance health and wellness seminar for local dance teachers, students, performers and clinicians; the seminar will cover proven methods for achieving excellence in through health and wellness in dance, providing practical skills that can assist dancers to perform to their full potential.

Throughout 2015, Luke and Shona will deliver a series of five science-based workshops for improving health knowledge and skills in vocational dance training and performance. The workshops will focus on training the dancer's brain – an area often neglected in dance education. The continued workshops will focus on the importance of performance psychology in achieving elite levels of performance by cultivating understanding of dancer behaviour, thought, emotion, and performance.

Luke's research includes the unique application of 3D motion capture, used in sport science and clinical biomechanics to assess mechanisms for injury and performance in elite dancers. Luke is a world leader in the assessment of injury risk associated with performance on varied dance floor properties and he is the promotion committee chair of the International Association for Dance Medicine and Science.

Shona is a psychologist specialising in performance psychology for dancers. Having enjoyed a career as a contemporary dancer for the past 20 years her research examines effective contemporary dance education programs and the transmission of aesthetic knowledge across dance generations.

For more about the program for 2015 go to <https://aspahwa.eventbrite.com.au>. Please spread the word among your networks.

Edith Cowan University Mt Lawley Campus will be the venue for the seminar. The workshops will be facilitated in collaboration with STRUT Dance at King Street Arts Centre in Perth City.

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DANscience
FESTIVAL/2015

***DANscience** - bringing together dance artists and scientists in an exploratory celebration of two fields of creative excellence*

21-23 August 2015

Hosted by Queensland University of Technology
Directed by Liz Lea and Associate Professor Gene Moyle

The 2015 DANscience Festival is a curated series of events over three days that brings together national and international scientists, artists, researchers, educators, and the general public to further explore and celebrate the synergies between these two fields of creativity. Participants will be able to engage in panel discussions, present papers, observe demonstrations and watch performances. DANscience will explore the breadth of the growing connections between these fields and the innovative approaches and projects scientists and artists are already undertaking both in Australia and overseas.

DANscience focuses upon the areas of Cognitive Psychology, Applied Dance Science, Technology, Robotics and Ecology/Biology and aims to foster partnerships between the community, research organisations and industry.

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